

INFORMATION FOR NEW PATIENTS
Orangeburg Area Mental Health Center
8/3/18

CLIENT TREATMENT - Individualized Treatment Plan

In order for you to get the most out of the time you spend using our services, you will want to take an active part in planning the course of your treatment. This is essential in making your experience a successful one. Your family and/or others, who know you well, will be provided the same opportunity.

After your counselor has talked with you about the circumstances that led you into counseling, they will work with you to develop an Individualized Treatment Plan. This plan spells out what goals you want to achieve while in treatment and how you will go about reaching those goals. Together, you and your counselor will decide what goals you want to work on and the kinds of service we offer that can best help you to achieve them. The Treatment Plan will include the service in which you agree to participate, how often you will attend and the name of the person(s) who will be responsible for delivering those services. Finally, it will set a target date by which you hope to have reached your goal(s).

This plan acts like a road map; it helps keep you and your counselor(s) focused, on track and moving in the right direction. At the same time, the direction and destination can be changed if necessary. Your counselor will constantly monitor your progress during your time here. It is very important for you to talk to them about any concerns you may have concerning your progress or changes you would like to make in your Treatment Plan. Regardless of why you came to use our services, you are the one who controls how much you get out of it. Your time is valuable and we are here to help you get the most from this experience.

You may request a copy of your Treatment Plan. Your counselor will meet with you to review your progress toward achieving your goals and objectives. You and your counselor may change and update your plan as appropriate during treatment.

CLIENT RESPONSIBILITIES

When you enter treatment at the *Orangeburg Area Mental Health Center*, a counselor will help you determine your treatment needs and which services would best assist you in obtaining your goals.

You are expected to:

1. Actively participate and make decisions in the development of your Individualized Treatment Plan.
2. Inform your counselor if you are having any problems working on your goals.
3. Follow through on other services outside the agency as agreed upon by you and your counselor.
4. Help us identify problem areas.
5. Learn and practice new behaviors that can reduce the problem.
6. Share any difficulties you may have in making changes.
7. Notify us at least 24 hours in advance if you cannot keep your appointment. If you miss two sessions without contacting your counselor, your case could be closed.
8. Ask questions when you do not understand something.
9. Show respect for the property and rights of others.

10. Be familiar with and observe the rules and policies of your Center.
11. Accept responsibility for your actions.
12. Provide Center with financial information/data as requested .
(Detailed information is located in the Client Advocacy Office).

- Do not attend any appointment or session under the influence of psychoactive substances, for example, alcohol, illicit drugs, street drugs, etc.
- Do not make any verbal or physical threats against another client or staff member.

CONFIDENTIALITY

The Orangeburg Area Mental Health Center Board and staff may not disclose client confidences except: (a) as mandated by law; (b) to prevent a clear and immediate danger to a person or persons; (c) where the staff member is a defendant in a civil, criminal, or disciplinary action arising from the therapy (in which case client confidences may be disclosed only in the course of that action); or (d) if there is a waiver previously obtained in writing and then such information may be revealed only in accordance with the terms of the waiver.

In circumstances where more than one person in a family is receiving treatment, each legally competent client receiving professional services must sign the required consent. Unless each member of the family signs the consent, the OAMHC cannot disclose information received from any family member.

The Orangeburg Area Mental Health Center complies with South Carolina Department of Mental Health Directive 837-03, "Privacy Practices."

COMPLAINTS

If you believe that your rights have been violated, please contact the supervisor in your service area or the Client Advocate. The Client’s Rights manual is always available for your review in the Client Advocate office.

Orangeburg Area Mental Health Center and clinic locations and contact information:

<p>Orangeburg Area Mental Health Center 2319 St. Matthews Road Orangeburg, SC. 29118</p> <p>803-536-1571 Toll Free: 1-888-468-8101</p>	<p>Bamberg County Clinic 5573 Carolina Highway Denmark, SC 29042</p> <p>803-793-4274 Toll Free: 1-888-267-4759</p>	<p>Calhoun County Clinic 112 Guess Lane St. Matthews, SC 29135</p> <p>803-874-2301 Toll Free: 1-888-468-8103</p>	<p>Holly Hill Clinic 1375 Gilway Extension Holly Hill, SC 29059</p> <p>803-496-3410 Toll Free: 1-888-364-3018</p>
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