

SOUTH CAROLINA MENTAL HEALTH COMMISSION
SCDMH Administration
2414 Bull Street, Columbia, South Carolina 29201

December 1, 2023

Catawba Community Mental Health Center – Virtual Presentation

ATTENDANCE

Commission Members:

Dr. Elliott Levy, Chair, Dr. Carl Jones, Mr. Bobby Mann, Dr. Crystal Maxwell, and Mr. Greg Pearce were present.

Staff/Visitors:

| | | | |
|------------------|-----------------------------------|-----------------------------------|-----------------------------------|
| Dr. Robert Bank | <i>Present virtually via Zoom</i> | <i>Present virtually via Zoom</i> | <i>Present virtually via Zoom</i> |
| Dr. Chad Pollock | Pat Bresnan | Tracy LaPointe | Dr. Lynelle Reavis |
| Brett Williams | Jennifer Butler | Kathy Martin | Vicki Redding |
| | Anna Maria Conner | Margaret Meriwether | Shawnta Reeder-Locks |
| | Tamara Edrington | Mallory Miller | Dr. Kimberly Rudd |
| | Jeffery Ham | Michelle Mitcham | Susan von Schenk |
| | Dr. Maryjane Hicks | Linda Palmer | Lindsay Walker |
| | Keith Jackson | Valarie Perkins | Kevin Woods |
| | Charice Jones | | |

A meeting of the S.C. Mental Health Commission was held in Room 320 at the S.C. Department of Mental Health Administration Building on Friday, December 1, 2023, at 9:30 a.m. Chairman Levy welcomed everyone to the meeting and turned the meeting over to Ms. Tamara Edrington, Executive Director, Catawba Community Mental Health Center (CCMHC). Ms. Michele Mitchum, Administrator, CCMHC, was also present.

PRESENTATION

Ms. Edrington welcomed everyone. Following are members of the CCMHC leadership team: Mr. Reginald Brackett, Chief of Staff; Ms. Elizabeth Seeger, Director of Quality Management, Risk Management, and CARF (Commission on Accreditation of Rehabilitation Facilities) Liaison; Dr. Deanna Cornelius, Interim Medical Director; and Ms. Elizabeth Schrum, Executive Assistant.

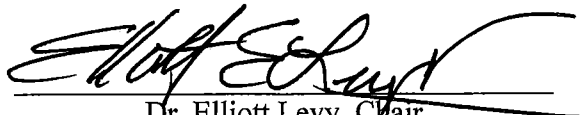
Ms. Edrington and Ms. Mitchum gave a presentation on CCMHC, a copy of which is filed with the minutes in the Office of the State Director. Following are highlights from the presentation.

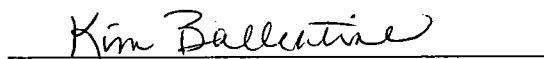
- CCMHC services approximately 2800 patients
 - Chester Clinic – serves both adult and child patients
 - Lancaster Clinic – services both adult and child patients
 - The Family Center located in York County – serves children, adolescent, and families
 - York Adult located in York County – serves only adult patients
- Staff Registry
 - A total of 91 staff (clinical and 32 non-clinical); of the 91 total staff, 84 are fulltime and 2 are part-time; 5 are contract.
 - York Adult – 32 staff to include both clinical and non-clinical
 - Chester – 10 staff to include both clinical and non-clinical
 - Lancaster – 13 staff to include both clinical and non-clinical

- Administration and Family Center – 36 staff to include both clinical and non-clinical
- Projected annual revenue FY24: \$11.5 million
 - State allocation - \$5.7 million
 - Insurance revenue – MCO, which is their largest insurance payor source, \$2.6 million
 - Revenue from private insurance, one-time funding received for Mobile Crisis expenses, one-time housing expenses, patient fees collected, and funds received for contractual services - \$1.9 million
 - Insurance revenue: Medicaid - \$302,948
 - Grant funding - \$956,110
- Budget Expenditures FY24:
 - Personnel is the largest expense: \$9.1 million or 79.73%
 - Supplies: \$760,302 or 6.75%. Several major projects are underway including renovations at each of the clinics and replacing furniture, and a shift in IT software transitioning from HP to DELL and improving technology for employees and patients.
 - Fixed charges: \$686,957 or 5.98% of which over \$458,000 is in leases in York and Chester Counties. Leases are set to increase as the market demands, currently by 2% every year. All leases are due to be renewed in 2025.
- Mr. Pearce asked about the mobile crisis RV. Ms. Edrington said they are looking to solidify sites and posting a schedule on the website for implementation in the spring next year.
- Dr. Jones asked if there is any cooperation or connection of resources/services in North Carolina. Ms. Edrington said patients who qualify can go to Atrium Health which is a partial hospitalization program and provides intensive outpatient mental health treatment.
- Dr. Maxwell asked what is the center doing about brand reputation and establishing relationships with local primary care practices. Ms. Edrington talked about marketing strategies to get the word out within the CCMHC catchment area about the mental health services they provide:
 - Promoting services at local pediatrician and primary care offices.
 - Placing flyers in hospitals, libraries and other public places in all counties.
 - Participating at career fairs and health fairs.
 - Educating local business partners.
- Dr. Maxwell asked about the referral process of a primary care doctor to CCMHC. Ms. Edrington explained the process. Dr. Maxwell and Ms. Edrington will meet at a later time for follow up discussion.
- The Integrated Care Program started at CCMHC through a 4-year SAMHSA grant initiative in 2018. The total cost of that program was \$1.5 million. CCHC partnered with North Central Family Medicine, however that partnership did not last past the first year. CCMHC hired staff to provide and implement services to the underserve community free of charge. At the end of the grant, CCMHC partnered with a FQHC (Federal Qualified Health Center) to continue providing the services to the community.
- Integrated Primary Care partnership began again with North Central Family Medicine in 2022. It started with ½ day in Chester and 2 ½ days in York County. To date, 327 appointments have been scheduled, with 130 unduplicated contacts. Services that are provided include: new patient exams, hypertension checks, diabetes treatment, chest/breast pain, cholesterol treatment, lab/bloodwork, nutrition counseling, physicals, cold/flu treatment, and joint pain.
- The York County Homeless Court was created on September 23, 2014, by Order of the South Carolina Supreme Court, as an alternative court for South Carolina residents. The Order grants the Rock Hill Municipal Court with the authority to preside over cases for eligible Homeless Court participants. The purpose of the Homeless Court is to encourage participants to receive and complete treatment and rehabilitation programs in exchange for the possibility of dismissal of the fines associated with a criminal offense and, in some cases, the expungement of an offense.

Mr. Pearce expressed appreciation for the very informative presentation. He said it provided great facts for what is happening at the Center as well as challenges.

Following discussion, on behalf of the Commission, Chairman Levy thanked Ms. Edrington and Ms. Mitcham for their continued services and for the very informative presentations. The center presentation concluded at 10:05 a.m.


Dr. Elliott Levy, Chair
SC Mental Health Commission


Kim Ballentine, Recording Secretary
SC Mental Health Commission

