



South Carolina
Department of Mental Health
DMH
Aiken-Barnwell
Mental Health Center

You're Not Alone!

- Millions of people in the United States live with a mental health condition.
- 1 in 5 Americans will experience a diagnosable mental disorder each year.
- Anxiety disorders affect 42.5 million adults.
- Depressive disorders affect 21 million adults.
- As of 2020, suicide is the second leading cause of death for U.S. children ages 10-14.
- Many people with mental health problems do not seek help or delay seeking treatment.
- Many people diagnosed with a mental health disorder live full, productive, and satisfying lives.
- Help is available.

Aiken Barnwell Mental Health Center

Individuals needing services can walk in **Monday-Friday 8:30am-2pm** for help. If you are unable to walk in, we can schedule an appointment for you. Please call our Access Line at **803-508-7913**.



Aiken Main Center, 1135 Gregg Hwy Aiken SC 29801

Hartzog Center, 431 West Martintown Rd, North Augusta SC 29841

Polly Best Center, 916 Reynolds Rd Barnwell SC 29812

South Carolina Mobile Crisis (24/7/365): 1-833-364-2274

National Suicide and Crisis Lifeline: 988

Online Mental Health Screener: Take a Self-check questionnaire and connect with a professional counselor who can offer guidance, support and resources. <https://hope.connectsyu.org>

Youth Screener: <https://hopeconnectssckids.org>